

عنوان مقاله:

EFFECTIVENESS OF ACCEPTANCE AND COMMITMENT THERAPY ON AND COMMITMENT TREATMENT ON
QUALITY OF LIFE, PSYCHOLOGICAL WELL – BEING, RESILIENCE AND RUMINATION OF DRUG –
DEPENDENCE WOMEN

محل انتشار:

سیزدهمین کنگره بین المللی دانش اعتیاد (سال: 1398)

تعداد صفحات اصل مقاله: 1

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خلاصه مقاله:

Background and Aim : The purpose of current study was to determine effectiveness of based –acceptance and commitment treatment on quality of life, psychological well- being, resilience and rumination of drug –dependence women. **Methods :** The present study was quasi– experimental and it was carried out in the pre–test and post –test method along with control group. The statistical population of this study was women referring to addiction treatment centers in Kermanshah. based on available sampling method , 30 qualified women to research were selected as sample size and randomly they were set in control group and test group. All sample persons completed the WHO quality of life questionnaire, Reef psychological well-being, Conner and Davidson s resilience, and Nalen Hoeksma rudeness in two stages of pre-test, post-test pre-test. **Results :** Findings obtained from the research showed that based–acceptance and commitment treatment has increased quality of life, psychological well-being and resilience variables in test group compared to control group in post -test stage and also rumination variable decreased in test group than control group. **Conclusion :** As a result, treatment is based on acceptance and commitment to improve quality of life, psychological well- being, resilience and decrease drug–dependence women rumination is effective. Therefore, use of this therapeutic approach to improve the health process of drug–dependence women is recommended and it can be used only for intervention programs in drug – dependence addicts

کلمات کلیدی:

Quality of life, Psychological well – being, Resilience, Rumination

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