

#### عنوان مقاله:

Effect of Sexual Skills Training on Sexual Satisfaction of Women of Reproductive Age

### محل انتشار:

سومین کنگره بین المللی روش های کم تهاجمی زنان و مامایی ایران (سال: 1397)

تعداد صفحات اصل مقاله: 1

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#### خلاصه مقاله:

Background and Aim: Learning sexual skills and the importance of learning it can prevent some conflicts disabilites and sexual problems. Therefore, this study was designed to investigate the effect of sexual skills training on sexual satisfaction of women of reproductive age. Materials and Metodes: In this review study, using the keywords of sexual satisfaction, women,s sexual skills training were conducted at the international Scopus, Magiran, Sid, Web of science, Pubmed, Google scholar, Science direct sites. 60 extraction after the evaluation of entry and exit criteris, 10 papers have been removed based on the Prism checklist. Finally, 50 papers were listed from 2000 to 2017 and their data were extracted. Result: The results show that sexual satisfaction plays a decisive role in human health and it seems that sexual education can help to develop healthy sex, material health, interpersonal relationships, emotions, .proximity,and increased sexual satisfaction.Conclution:Sexual training can improve womens sexual satisfaction

# کلمات کلیدی:

sexual satisfaction, womens , sexual skills education

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