

## عنوان مقاله:

REDUCING ANNUAL FOOD SERVICES COSTS AND AVOIDING WASTE OF FOOD

## محل انتشار:

سومین کنگره بین المللی و پانزدهمین کنگره تغذیه ایران (سال: 1397)

تعداد صفحات اصل مقاله: 1

## نویسنده:

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## خلاصه مقاله:

Background and Aim: One-third of the produced waste is human food wastes. Reducing the cost of food consumed by hospitals and saving money is a global issue. The present study aims to estimate the difference between the annual cost of full portion and half-portion of baby food. Methods: Shahid Bahaghi Hematology and Oncology Hospital, Ahvaz, Iran (2) distributes 60 to 70 portions daily for each child's meal. On average, 90241 Rials is the cost of two meals a day (lunch and dinner) for a patient. Therefore, the difference between the full and half-portion of baby food was calculated for one year. Results: On average, 130 portions of children's food portion are distributed daily in two meals, 90,000 Rials per portion. The daily food cost for children is 11,700,000 Rials. The cost per one month and one year is respectively 35,100,000 and 421,200,000 Rials, and if half-portion of food is distributed, it will cost half and will be 210,600,000 Rials a year. Therefore, 210 million Rials will be saved annually in the cost of food services. Conclusion: It is possible to save more and more effectively, especially in patients from 1.5 to 3 years old due to feeding with mothers supplementary food and receiving a snack distributed by the Nutrition Unit of the Hospital may also have some waste. Using smaller containers and smaller volumes would reduce the food remains which in turn reduce the Hospital waste.

## کلمات کلیدی:

Food Wastes, Cost, Hospital

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