عنوان مقاله:

Translation and Psychometric Evaluation of Short-Form Decisional Balance Scale for Smoking Cessation among Iranian Workers

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خلاصه مقاله:

Aim: Smoking is the first factor of diseases, and death, and one of the major health problems all over the world. The aim of this study was validating the Persian version of short-form decisional balance scale to smoke cessation in Iranian workers. Method: This cross-sectional study was conducted among 218 workers from automobile manufactory in Bam City (Iran) in 2016 using convenient sampling. Findings: The total of 218 male workers with (mean age 30.52±6.66 years) participated in this study. The results showed two factors (Barriers, and Benefits, or Cons and Pros) with good explanatory (KMO=66%; Cumulative of Variance= 58.94), confirmatory (REMSEA= 0.000; GFI= 0.995, AGFI= 0.983; P-value= 0.775) factor analysis and reliability index (ICC =0.65 95% CI (0.57, 0.72)). Conclusion: This study showed the Persian version of the short-form decisional balance scale for smoking cessation was valid and reliable tool to measure decisional balance for smoking cessation.

کلمات کلیدی:

Validity, Reliability, Smoking, Worker

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