

#### عنوان مقاله:

Prevalence of Social Anxiety Among Students in College of Education- university of Gamrmian

### محل انتشار:

اولین کنفرانس ملی پژوهش های نوین ایران و جهان در روانشناسی و علوم تربیتی، حقوق و علوم اجتماعی (سال: 1396)

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#### خلاصه مقاله:

Background: General anxiety disorder is one of the most common anxiety disorder specially in college students because it usually develops in early adolescence or young adulthood. Then this study aimed to investigated the prevalence of social anxiety disorder and its associated factors of among students in college of educational science for academic year 2016-2017.. Methods: This study was a cross-sectional and descriptive study. One hundred and ninety eight (107female and 91male) students college of education in University of Garmian were selected using Random samplingmethod. A questionnaire in two parts (demographic data form and Social Phobia Inventory) was used for collecting data. Data were analyzed by descriptive and analytic statistics in SPSS -22. Results: The percentage of participation in the study was 79.2%. Mean and standard deviation of students' age was 20.53 year and 1.86. The majority of the students were female (54%). Findings showed that prevalence of social anxiety disorder was more than 80%. Intensity of social phobia was mild in20.2%, moderate in41.9%, and severe in 28.3. Gender was associated with social anxiety disorder (p<0.05); and social anxiety was more prevalent in first years and second years students(p<0.05). Conclusion: it can be concluded from this research that social anxiety is prevalent disorder among students in college of education, university of Garmian and it has most prevalent females, first years and .second years students. According to findings of research this students need more attention

# كلمات كليدى:

social anxiety, students, femal, college of education

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