

عنوان مقاله:

The Effect of The Education Base on Social Cognitive Theory in Sun Protection Behaviors of Mothers and Their Teens
in Sabzevar 1393

محل انتشار:

اولین سمپوزیوم بین المللی سرطان نسترن (سال: 1394)

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خلاصه مقاله:

Skin cancer is the most common world malignancy. Of all cases of cancer observed in Iran in 1383, about 13% to 17% were the different types of skin cancer, with 12.6% and 17% for male and females, respectively, in Khorasan province in the same year. 80% of sun exposure occurs before the age of 21. There is strong evidence confirming a link between sun exposure and skin cancer. The present study is the experimental half with two control and experimental groups (n=33) of mothers having 12-18 year-old teens. Data were collected using Social Cognitive Theory-Based questionnaire completed by mothers and teens performance questionnaire (researcher-made) in three stages. The collected data were analyzed through descriptive and analytical tests using SPSS 16 software. According to the results of this study, a significant difference was observed between the mean scores of Social Cognitive Theory Variables in mothers and teens performance in the experimental group three months after the training intervention ($p < 0/001$). But, there was no significant difference in the considered variables in the control group. The results of this study show the effectiveness of training intervention based on Social Cognitive Theory on promoting sunlight protective behaviors of teens through training their mothers. Also, perceived barriers can be reduced through increasing awareness of the expected consequences of the sun protective behaviors and the ground for promoting the sun protective behaviors among teens can be created.

کلمات کلیدی:

Social Cognitive Theory, Sun Protection, Sabzevar Teenager, protective Behaviors, Training Intervention

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