

عنوان مقاله:

Investigating Metacognitive Beliefs in Patients with Bipolar Disorders and Healthy Controls

محل انتشار:

چهاردهمین کنفرانس بین المللی روانشناسی، علوم تربیتی و سبک زندگی (سال: 1403)

تعداد صفحات اصل مقاله: 7

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خلاصه مقاله:

Metacognition plays a significant role in the onset and perpetuation of bipolar disorder. One of the most prominent examples of impaired metacognitive functioning in bipolar disorder is the lack of insight into their own condition. Despite its importance, research on metacognition in bipolar disorder is scarce. Furthermore, the neurocognitive basis of metacognitive functioning is not well understood. The present study included ۲۰ patients with bipolar disorder and ۲۰ healthy individuals. All participants completed a metacognitive questionnaire examining their metacognitive beliefs. The results showed a statistically significant difference in metacognitive components between patients with bipolar disorder and healthy individuals in the domains of positive beliefs about worry, negative beliefs about uncontrollability of thoughts, cognitive confidence, negative beliefs about the need for control and self-consciousness. Compared to healthy individuals, patients with bipolar disorder exhibited incongruent metacognitive beliefs and demonstrated lower scores. The research findings support the conceptualization of metacognitive beliefs in bipolar disorder, which is crucial for understanding the etiology, perpetuation, and treatment of this disorder.

کلمات کلیدی:

Bipolar disorder, cognitive confidence, metacognitive beliefs

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