

عنوان مقاله:

The Relationship between Quality of Life and Irrational Thoughts Regarding the Mediating Role of Religious Teachings in Couples with Infertility

محل انتشار:

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خلاصه مقاله:

Introduction: The Quality of Life (QOL) of couples with infertility can be affected by Irrational Thoughts (IT) regarding childbearing and it might be influenced by Religious Teachings (RT) as a mediator. The purpose of this study was to investigate the relationship between QOL and IT of childbearing with the mediating role of RT in couples with infertility in Shahrekord City, Iran. Method: This analytical correlational study was conducted among ۱۹۶ couples with infertility who were referred to Shahrekord Infertility Center, Iran selected by a convenient sampling method. Data were collected using the questionnaires on QOL provided by the World Health Organization (WHO), IT designed by Flex and Religious Teaching. Results: The mean score of QOL was  $76.42 \pm 20.137$ , IT  $32.20 \pm 9.019$  and RT was  $150.84 \pm 40.97$ . A significant relationship was found between the mean scores of QOL and IT of childbearing with the mediating role of RT in couples with infertility ( $P=0.001$ ). Moreover, mean scores of study concepts had no significant relationship with demographic variables (gender, education, and infertility duration) among the participants. Conclusion: Based on the findings, the QOL of couples with infertility can be improved by strengthening the RT and reducing the IT of childbearing.

کلمات کلیدی:

Quality of Life, Irrational Thought, Rational, religious belief, Infertility

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