

عنوان مقاله:

The mediating role of five factors personality in regulating of relationship between perceived and objective stress and anxiety, depression, and physical symptoms in bank managers

محل انتشار:

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خلاصه مقاله:

The aim of this study was to investigate the mediating role of five factors personality in regulating of relationship between perceived and objective stress and anxiety, depression, and physical symptoms . ۳۹۰ bank managers responded five factors personality ( NEO ) , perceived stress , objective stress , anxiety and depression scals and symptoms check list . The results showed the interaction between Neurotism , Extraversion , conscientiousness mediated the relationship of perceived stress with anxiety, depression and physical symptoms . Objective stress influenced by perceived stress that emphasized on importance of subjectivity of stress. Findings showed simultaneous interaction these factors (low Neurotism , high Extraversion , high conscientiousness ) . leads to a reduction in the effects of stress

کلمات کلیدی:

Personality Factors ( Neurotism, Extraversion, Openness to experience, agreeableness, conscientiousness ) , perceived stress, objective stress, anxiety, depression, and physical symptoms

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