

عنوان مقاله:

The level of awareness and educational needs of adolescents with thalassemia major in Shirazcity

محل انتشار:

پنجمین کنگره پژوهشی دانشجویان دانشگاه علوم پزشکی هرمزگان (سال: 1402)

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خلاصه مقاله:

Introduction: Patients with thalassemia major are mostly teenagers in the country, and the role of the family in caring for them is very important. Considering the chronic nature of thalassemia major and the involvement of all aspects of life, it is necessary for patients and their families to have sufficient knowledge about the disease process and treatment measures. This research was conducted with the aim of determining the awareness and educational needs of adolescents with thalassemia major. Methods: This descriptive study was conducted in 1400 on 254 boys and girls suffering from thalassemia major referred to the special diseases center of Shiraz city. The data were collected based on the researcher's questionnaire in the form of interviews with teenagers and were analyzed using centrality and dispersion indices and ANOVA tests, Student's T and Spearman's correlation coefficient with SPSS 20. Results: The average age of adolescent boys was 15.02 ± 9 and the age of adolescent girls was 14.9 ± 8.4 . The average of the 20 educational needs raised was between 2.79 and 2.96 (from the maximum score of 4) with a slight difference. The percentage of correct answers on all questions related to low awareness was 50%, and the subjects obtained 37% of the total score of awareness. There was a statistically significant difference between the average score of total educational need and the total score of awareness, with the education level of teenagers. The educational needs of teenage boys with thalassemia were more than the needs of girls with thalassemia. Conclusion: The awareness level of teenagers with thalassemia major is low and they need a lot of education. It seems necessary to identify the educational needs of this category and plan to increase awareness and provide necessary services and improve their performance

کلمات کلیدی:

awareness, educational needs, adolescents, thalassemia major

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