

عنوان مقاله:

Prevalence of Suicide and Self-harm During the Coronavirus ۲۰۱۹ Pandemic: A Systematic Review Study

محل انتشار:

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خلاصه مقاله:

Introduction: During the COVID-۱۹ epidemic, many people around the world committed suicide and self-harm due to psychological disorders. For this purpose, studies on the prevalence of self-harm and suicide attempt during COVID-۱۹ have been reviewed in the present study. **Method:** In this review study the following specialized keywords were searched between ۲۰۲۰ (May) and ۲۰۲۲ (January) in English databases such as Google Scholar, ISI, Scopus, Science Direct, and PubMed: suicide, suicidal thoughts, suicide attempts, self-harm, self-injury, self-harm deliberate, COVID-۱۹. **Results:** The results showed that the prevalence of suicide (۲%-۷۱.۹%) and self-harm (۲%-۴۷.۶%) during COVID-۱۹ has increased significantly compared to the past. Economic problems, young age, being a woman, unemployment, family problems, loneliness, and psychological distress were among the factors that aggravated self-harm and suicide attempt during COVID-۱۹. In contrast, social support, resilience, psychological resilience, and spiritual health reduced suicidal thoughts and behaviors. **Conclusion:** According to the obtained results, lack of access to a psychologist was one of the important reasons for thoughts and behaviors related to self-harm and suicide during COVID-۱۹ epidemic. For this reason, it is necessary for psychological centers, hospitals, and related organizations to take measures in order to increase tele-mental health services.

کلمات کلیدی:

COVID-۱۹, Suicide, self-harm, Systematic review

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