

عنوان مقاله:

Principles of Turn Taking in Psychotherapy Conversations of Patients with Generalized Anxiety Disorder with Cognitive-Behavioral Therapy Approach

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خلاصه مقاله:

Therapeutic discourse is a special type of organizational discourse which is used by psychotherapists when treating their patients. The present study uses the conversation analysis approach to find the principles of turn taking in the therapeutic situation. This study specifically examines the therapeutic discourse of treatment sessions for patients with generalized anxiety disorder (GAD) based on the Cognitive-Behavioral Therapy (CBT) approach. The method used in this research is qualitative. The corpus used in this study included ۲۵۲۰ minutes of conversation in psychotherapy sessions. The participants in this study were ۱۶ people of both sexes. ATLAS ti. computer software has been used to construct and present the verbal pattern. The results of this study show that most of taking were related to female clients and psychotherapists. This result is related to the relationship between clients and psychotherapists, women's verbal habits, excessive curiosity, and their challenging personality. The presence of overlap in the speech of female psychotherapists and clients and pause in other conversations have been the most widely used signs of taking in this type of . The present study has faced some limitations. One of the most important limitations of this research was the prevalence of Covid ۱۹ virus. Also, obtaining the consent of some psychologists and clients to record their videos and voices in psychotherapy sessions has been another limitation of this research. Given the importance of communication and linguistic studies in psychotherapy, it is suggested that future research be conducted on the following topics: "Comparison of GAD Patients' Speech Pattern with Speech Pattern of Other Anxiety Disorders" and "The effect of direct and indirect expression on anxiety in patients with anxiety disorders".

کلمات کلیدی:

therapeutic discourse, turn taking, generalized anxiety disorder, cognitive-behavioral therapy approach

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