

### عنوان مقاله:

بررسی تطبیقی مهارت های زندگی در رمان های(نوجوانان) اریش کستنر و فرهاد حسن زاده

## محل انتشار:

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### خلاصه مقاله:

Hamid Rezaei, Ph.D. Associate Professor of Persian Language and Literature, Payam-e Noor University Sajad Najafi Behzadi, Ph.D. Assistant Professor of Persian Language and Literature, Shahrekord University Introduction For entering society, children and adolescents need to learn some skills that help them face life's challenges and problems. Life skills program is one of the individual-focused strategies that enhances people's tolerance and increases their capacity to deal with challenges, conflicts and hardships of everyday life and protects them against these problems. Accordingly, we need to employ life skills such as decision-making skills, problem solving, creative thinking, critical thinking, self-awareness, communication, anger management, etc., to deal with our environment. We need to find the most appropriate approach to get the highest efficiency. Pittman defines life skills as abilities, knowledge, attitudes, and behaviors that are taught for achieving happiness and success in life. These skills enable people to adapt to their situations, and through the development of these skills, people learn to lead a comfortable life with others and to feel safe (Kaveh, YolY: MY, quoting Pittman, 199V). The aim of this study is to investigate life skills in the novels of Farhad Hassanzadeh and Erich Kästner, two authors of children's literature in Iran and Germany, in order to delineate which skills are more frequent in the works of these two authors. Research Methodology and Review of Literature This essay uses quantitative and qualitative analysis of the content of the two authors' works. In the quantitative analysis of the content of works, the focus is on the frequency of an analytical unit such as a word, and in a qualitative study, data and tests are analyzed to discover the meaning of the text (Sarukhani, ۲۰۰۳: ۲۸۷). No research has been done on the subject of life skills in the young adult novels of Erich Kästner and Farhad Hassanzadeh; however, there are some studies about the subject in other works: Nahid Karimi and her colleagues (YoV) in their article, "The effects of life skills on the creativity of elementary students by the use of storytelling", came to the conclusion that teaching life skills through storytelling enhances the creativity of elementary students. Saeed Hesampour and his colleagues (٢٠١۵) try to show how the meaning of life is reflected in their article, "A comparative study and an analysis of the reflection of the meaning of life in Three people in the snow by Erich Kästner and Thirty ... men and thirty birds

# كلمات كليدى:

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