

عنوان مقاله:

A review of the relationship between nutrition and gastric cancer

محل انتشار:

پنجمین کنگره بین المللی سرطان (سال: 1400)

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خلاصه مقاله:

Introduction: Gastric cancer is the fourth most frequent cancer and the second leading cause of cancer death world and cancer neoplasm is ranking ۱۴th among cancers and death due to cancer and its prevalence is ۱۱% of all cancers. Although Helicobacter pylori infection is an important cause, but the role of nutrition in prevention and control is very important. Lack of fresh food, high consumption of canned foods and salt are some of the factors that predispose to various gastric cancers and we aimed to review the article which studied review of the relationship between nutrition and gastric cancer Methods: to analyze and discuss the relationship between nutrition and gastric cancer changes from several perspectives, "pubmed,google scholar,scopus were searched from ۲۰۱۹ to ۲۰۲۱ by using free text words and medical subject heading as follow:"neoplasm, nutrition, helicobacter pylori. Results: The risk of stomach cancer decreases with high consumption of fruits and vegetables. Consumption of processed meats and salt is associated with an increased risk of stomach cancer Promising evidence of a favourable effect of certain vitamins, such as vitamin C and E and beta-carotene, and minerals, such as selenium, justifies additional investigation Conclusion: Due to the lack of research in this field, it can be said that nutrition plays an important role in preventing gastric cancer. Current data provide little support for an association of β -carotene, and alcohol consumption with risk for gastric cancer.

کلمات کلیدی:

nutrition, neoplasm gastric, helicobacter pylori

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