

عنوان مقاله:

Mental Health Status of Nurses During the COVID-۱۹ Pandemic : A Systematic Review

محل انتشار:

نشریه مرور سیستماتیک در علوم پزشکی، دوره 2، شماره 3 (سال: 1400)

تعداد صفحات اصل مقاله: 18

نویسندگان:

سوره خاکی - PhD student in nursing of Department Nursing University of Social Welfare and Rehabilitation Sciences Tehran,Iran

مسعود فلاحي -خشکناپ - Professor in Nursing, Department of Nursing, University of Social Welfare and Rehabilitation Sciences, Tehran, Iran

زنگس ارسلائی - Associate Professor in Nursing, Department of Nursing, university of social welfare and Rehabilitation Sciences, Tehran, Iran

مجتبی راد - PhD student in nursing of Department Nursing University of Social Welfare and Rehabilitation Sciences Tehran,Iran

نسیم صادقی - PhD student in nursing of Department Nursing University of Social Welfare and Rehabilitation Sciences Tehran,Iran

تابان نعمتی فرد - PhD student in nursing of Department Nursing University of Social Welfare and Rehabilitation Sciences Tehran,Iran

خلاصه مقاله:

Background and Aim : Due to the widespread psychological effects of Covid-۱۹ pandemic in the societies, there are strong evidences that the mental health status of nurses is akin to psychological disorders. The aim of this study is to investigate the mental health status and psychological interventions of nurses. Methods : This study is a systematic review based on the previous studies. Several studies using different combinations of keywords such as nurses, corona virus, psychological interventions, mental health, COVID-۱۹, were retrieved from different scientific databases such as Magiran, SID, Civilica, Google Scholar, Pubmed, Science Direct and Scopus. These studies were Collected from the published works in period from January ۱, ۲۰۱۹ to October, ۲۰۲۰. ۳۶ studies out of ۳۱۰ retrieved articles were evaluated and analyzed for data extraction. Results : The aim of this study is to evaluate the mental health status of Covid - ۱۹ pandemic nurses and psychological interventions. The results of ۳۶ studies on the mental health status of nurses during the Covid-۱۹ show the increase in negative and common psychological effects including : post-traumatic stress disorder, depression, anxiety, stress, sleep disorders, fear in the medical staff, especially nurses in the front line. Some of these studies also mentioned irritability, mistrust, burnout, and even suicidal ideation, hopelessness and stigma. In addition to the above findings, psychological interventions during the coronavirus epidemic have been effective with a therapeutic, cognitive-behavioral online approach. Conclusion : According to the review of previous studies, the mental health of medical staff, especially nurses, has decreased during the Covid-۱۹ pandemic. Moreover, it is necessary to make rapid, continuous and timely psychological interventions. The role of this type .of service in the epidemic has been mostly online, via internet, telephone, SMS, face to fac. Interactions

کلمات کلیدی:

,mental health, Psychological interventions, Pandemic, COVID-۱۹, corona virus, nurses, Systematic Review

کروناویروس، کووید-۱۹، پرستاران، سلامت روان، مداخلات روان شناختی، مرور نظامند

لینک ثابت مقاله در پایگاه سیویلیکا:

<https://civilica.com/doc/1359751>



