

## عنوان مقاله:

Predicting Social Anxiety in Schoolgirls Based on Parenting Styles and Mothers Cognitive Flexibility

## محل انتشار:

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## خلاصه مقاله:

Based on research evidence, parenting styles and cognitive factors in mothers may be effective in shaping and exacerbating children's social anxiety. The aim of the present study is to determine the social anxiety of schoolgirls based on parenting styles and cognitive flexibility of their mothers. For this descriptive study, a correlational design is used. The participants of the study include all students in sixth grade elementary school and their mothers in the city of Khomem in the academic year of ۲۰۱۹-۲۰۲۰. The number of participants is ۲۰۰ sixth grade elementary school students selected based on convenience sampling. Liebowitz Children and Adolescents Social Anxiety Scale (LSAS-CA), Baumrind Parenting Styles Scale and Cognitive Flexibility Scale (CFS) are employed to collect data. The statistical data are analyzed based on Pearson correlation coefficient and multiple regression analysis. The results of multiple regression analysis reveal that parenting styles and cognitive flexibility predict ۶۴.۱% of the variance of students' social anxiety. These findings suggest that parenting styles and cognitive flexibility play a crucial role in the pathology and prevention of students' social anxiety.

## کلمات کلیدی:

cognitive flexibility, parenting styles, social anxiety

## لینک ثابت مقاله در پایگاه سیویلیکا:

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