

عنوان مقاله:

The Mediating Role of Marital Commitment in the Relationship between Early Maladaptive Schemas and Distress Tolerance in Married People in Kerman

محل انتشار:

مجله بین المللی پزشکی رضوی، دوره 9، شماره 3 (سال: 1400)

تعداد صفحات اصل مقاله: 6

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خلاصه مقاله:

Background: Distress tolerance has been observed as an important structure in creating new insights against the onset and persistence of psychological trauma and prevention and treatment. Objective: This study aimed to investigate the role of commitment in the relationship between early maladaptive schemas and distress tolerance in conflicted couples. Method: The method of this study was descriptive-correlational. The study population consisted of married men and women residing in Kerman. The sampling method was cluster sampling method, through which 400 participants (200 females and 200 males) were selected. Data collection tools included Simmons Distress Tolerance Questionnaire (2005), Adams and Jones Marital Commitment Questionnaire (1997), and Young's Early Maladaptive Schemas Questionnaire (1990). Data were analyzed using correlation and structural equation analysis by spss.22 and Amos.22. Results: The results indicated the moderating role of marital commitment variable in the inverse relationship between maladaptive schemas of three areas of cuts/exclusion, impaired performance, and emotional inhibition with distress tolerance ($p < 0.01$). Conclusion: It can be concluded that although the areas of early maladaptive schemas reduce distress tolerance and commitment of women, the high level of communication commitment among couples can increase distress tolerance in them.

کلمات کلیدی:

Spouses, Marriage, early maladaptive schemas, Distress tolerance

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