

## عنوان مقاله:

Status of Psychological Capital of Students in Kurdistan University of Medical Sciences

## محل انتشار:

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## خلاصه مقاله:

**Aims:** The psychological capital is one of the important indicators of positive psychology and it has positive outcomes for students. The present research aimed at studying the status of psychological capital of students in Kurdistan University of Medical Sciences and its related factors. **Instruments and Methods:** The present descriptive-analytical cross sectional research was conducted among ۳۸۴ students in Kurdistan University of Medical Sciences in ۲۰۱۶. The samples were selected by simple random sampling method. Luthans et al.'s psychological capital questionnaire was employed for the data collection and data analysis was performed, using SPSS ۲۲ software by descriptive statistics (mean and standard deviation) and inferential statistics (Mann-Whitney U test and Kruskal-Wallis test). **Findings:** A total of ۱۵۰ participants (۳۹.۲%) were male and ۲۳۳ (۶۰.۸%) were female; ۳۵۱ participants (۹۱.۶%) were single and ۳۲ (۸.۴%) were married. The mean score of the psychological capital of students was  $۸۹.۰۹ \pm ۹.۹۸$ . Minimum and maximum means were measured for Optimism and Self-efficacy. There was a significant relationship between sex, field of study, academic degree, and faculty place with psychological capital ( $p < ۰.۰۵$ ). **Conclusion:** Factors such as .sex, field of study, academic degree, and faculty place are effective in the psychological capital of students

## کلمات کلیدی:

Resilience Psychological, Students, Medical Sciences

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