

عنوان مقاله:

Evaluation of the Effectiveness of Dialectical Behavior Therapy Training on Depression in Women with Breast Cancer

محل انتشار:

مجله روانشناسی مثبت ایران، دوره 6، شماره 3 (سال: 1399)

تعداد صفحات اصل مقاله: 10

نویسندگان:

Reza Azhar - M.A of Clinical Psychology, Islamic Azad University, Yazd Research Sciences Branch, Iran

Zahra Ahmadi Ardakani - Department of Counseling, Faculty of Humanistic and social science, Ardakan University, Ardakan, Iran

خلاصه مقاله:

Cancer can cause many psychological problems for patients and it is necessary to find effective ways to help them. Unfortunately, people consider cancer to be a kind of end of life, and patients, after being diagnosed with the disease, find themselves closer to death, and as a result, suffer from death-related disorders. The aim of this study was to evaluate the effectiveness of dialectical behavior therapy on mental health and depression in breast cancer. The present study was a quasi-experimental study consisting of experimental and control groups. The statistical population of the present study included all women with breast cancer who referred to the specialized breast clinic of women in Jihad University of Tehran. The sample consisted of ۳۳ subjects who were reduced to ۳۳ subjects in ۲ groups of ۱۵ after the fall. The selection was done by randomization of treatment, but the selection of subjects for inclusion in the study was done non-randomly. Subjects were assessed using the Lovebird Depression, Anxiety and Stress Scale. Due to the fact that the necessary assumptions for multivariate analysis of variance and multivariate analysis of variance were not met, univariate analysis of variance was used to analyze the data. The results showed that there was a significant difference between the depression scores of the experimental group of dialectical behavior therapy compared to the control group. In the field of treatment and work with cancer patients and people in crisis, dialectical behavior therapy is very useful due to its nature and effectiveness.

کلمات کلیدی:

Dialectical Behavior Therapy, Depression, Breast Cancer

لینک ثابت مقاله در پایگاه سیویلیکا:

<https://civilica.com/doc/1242064>

