

## عنوان مقاله:

Investigating the Relationship between Social Anxiety and Emotional Intelligence with Body Dissatisfaction in Girls  
from ۱۵ to ۱۸

## محل انتشار:

ششمین همایش بین‌المللی روان‌شناسی مدرسه (سال: 1399)

تعداد صفحات اصل مقاله: 1

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## خلاصه مقاله:

The aim of this study was to investigate the relationship between social anxiety and emotional intelligence with body dissatisfaction in girls aged ۱۵ to ۱۸ years. The statistical population was all female high school students in Torbat-e Jam studying ۹۹-۹۸. Using Morgan table, ۱۰۳ people were selected by simple random sampling method. The research method was descriptive-correlational. Measurement tools for this study consisted of three questionnaires: emotional intelligence, societal anxiety, and body image test. Statistical data collected by SPSS software were analyzed using Pearson correlation and multiple regression tests. The results of the analysis of research hypotheses showed that there is a positive and direct relationship between the social anxiety and its dimensions and dissatisfaction with the body and also between the emotional intelligence and its dimensions as well as dissatisfaction with the body. Among the causes of social anxiety and fear of evaluation by others, it has the most to do with body dissatisfaction. Among the factors of emotional intelligence, self-awareness has the highest correlation with dissatisfaction with the body.

## کلمات کلیدی:

Body Dissatisfaction, Emotional Intelligence, Social Anxiety

## لینک ثابت مقاله در پایگاه سیویلیکا:

<https://civilica.com/doc/1203540>

